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# Victoria Pediatric Dental Clinic- *Dr.Anita Gadzinska-Myers FRCD(C)*

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## Pre Operative Instructions for Full Mouth Dental Rehabilitation in the Operating Room with General Anesthesia

The following information is provided to aid you and your child before he/she has had dental restorations in the operating room under General Anesthesia.

- Physical Exam** - If you are having surgery at Victoria General, you must arrange a pre-op physical with your family doctor. This should be between 3 months and 3 weeks before your surgery. If your surgery is booked quickly, see your family doctor as soon as possible. Please take all your medications in the original containers with you to this appointment. This way, your doctor can confirm the medications you take.
- Anesthesia Consultation** - Some patients (with complex medical history) may need to see a specialist before surgery. If any of these apply to you, our office or hospital will make arrangements and let you know.
- Fasting Instruction** - If you do not follow the instructions closely, the hospital will cancel the procedure. Any food or liquid in your child's stomach while going to sleep under anesthesia can flow up to the mouth and pass down into the lungs. This is VERY DANGEROUS for your child.

<b>STOP:</b>	<b>HOURS BEFORE SURGERY:</b>	<b>INCLUDES:</b>	
SOLIDS	8 HOURS	orange juice with pulp, gum, candy,	
BOTTLE FEEDS	8 HOURS	formula, milk	
BREAST MILK	6 HOURS		
CLEAR FLUIDS (you can see through it)	3 HOURS	water, clear apple juice,	(not jell-O)

- ARRIVAL TIME** - Please arrive 1.5 hours before your surgery time. If your appointment is first thing in the morning at 7:50am, please know that the ward where your child will be prepared for the procedure opens at 6:45am (arrive at 6:30). Upon arrival, check in at the front desk "PATIENT ADMISSION" (right by the main entrance). After your child is admitted, you will be sent to the paediatric daycare on the 3rd floor.
- PARKING** - Victoria General Hospital offers paid parking at \$2.75 for 2 hours. Expect to be at the hospital for about 6hrs, and bring enough change/credit card. You can add time to your parking meter. When you park, note the number of your stall, you will have to enter that number when paying for parking.
- ASSESSMENT** - Dr.Myers will come and see you before the treatment begins to answer any last minute questions you may have. Once the treatment is complete, she will again see you and go over the treatment completed. One parent is allowed to accompany the child to the operating room and stay until the child falls asleep.